

Glenmore Martial Arts Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthday Parties * Events * Private Lessons		Little Dragons Ages 3-6 10am-10:45am	Little Dragons Ages 3-6 10am-10:45am		\$2 Playgroup Ages 0-4 10am-12pm	Little Dragons Ages 3-6 9:45am-10:30am
	After School Martial Arts Grade K-6 2:30pm-5pm	After School Martial Arts Grade K-6 2:30pm-5pm	After School Martial Arts Grade K-6 2:30pm-5pm	After School Martial Arts Grade K-6 2:30pm-5pm	After School Martial Arts Grade K-6 2:30pm-5pm	After School Martial Arts Grade K-6 2:30pm-5pm
Preliminary Time Block 10:30-12:30	Kids Martial Arts All Ages 4pm-4:45pm	Kids Martial Arts All Ages 4pm-4:45pm	Kids Martial Arts All Ages 4pm-4:45pm	Kids Martial Arts All Ages 4pm-4:45pm	Kids Martial Arts All Ages 4pm-4:45pm	Little Dragons Ages 3-6 11:15am-12pm
	Kids Martial Arts Ages 5-8 5pm-5:45pm	Kids Martial Arts Ages 5-8 5pm-5:45pm	Kids Martial Arts Ages 5-8 5pm-5:45pm	Kids Martial Arts Ages 5-8 5pm-5:45pm	Kids Martial Arts Ages 5-8 5pm-5:45pm	Kids Martial Arts Ages 5-8 5pm-5:45pm
Preliminary Time Block 1pm-3pm	Kids Martial Arts Ages 9-13 5:45pm-6:30pm	Kids Martial Arts Ages 9-13 5:45pm-6:30pm	Kids Martial Arts Ages 9-13 5:45pm-6:30pm	Kids Martial Arts Ages 9-13 5:45pm-6:30pm	Kids Martial Arts Ages 9-13 5:45pm-6:30pm	Kids Martial Arts/ Black Belt Club All Ages 12:45pm-1:30pm
	Black Belt Club Members Only 6:30pm-7:15pm	Black Belt Club Members Only 6:30pm-7:15pm	Black Belt Club Members Only 6:30pm-7:15pm	Black Belt Club Members Only 6:30pm-7:15pm	Black Belt Club Members Only 6:30pm-7:15pm	Black Belt Club Members Only 6:30pm-7:15pm
Preliminary Time Block 3:30-5:30	Adult Martial Arts Ages 14+ 7:15pm-8pm	Adult Martial Arts Ages 14+ 7:15pm-8pm	Adult Martial Arts Ages 14+ 7:15pm-8pm	Adult Martial Arts Ages 14+ 7:15pm-8pm	Adult Martial Arts Ages 14+ 7:15pm-8pm	
	*Private Lessons Available, please speak to an instructor for details.					